



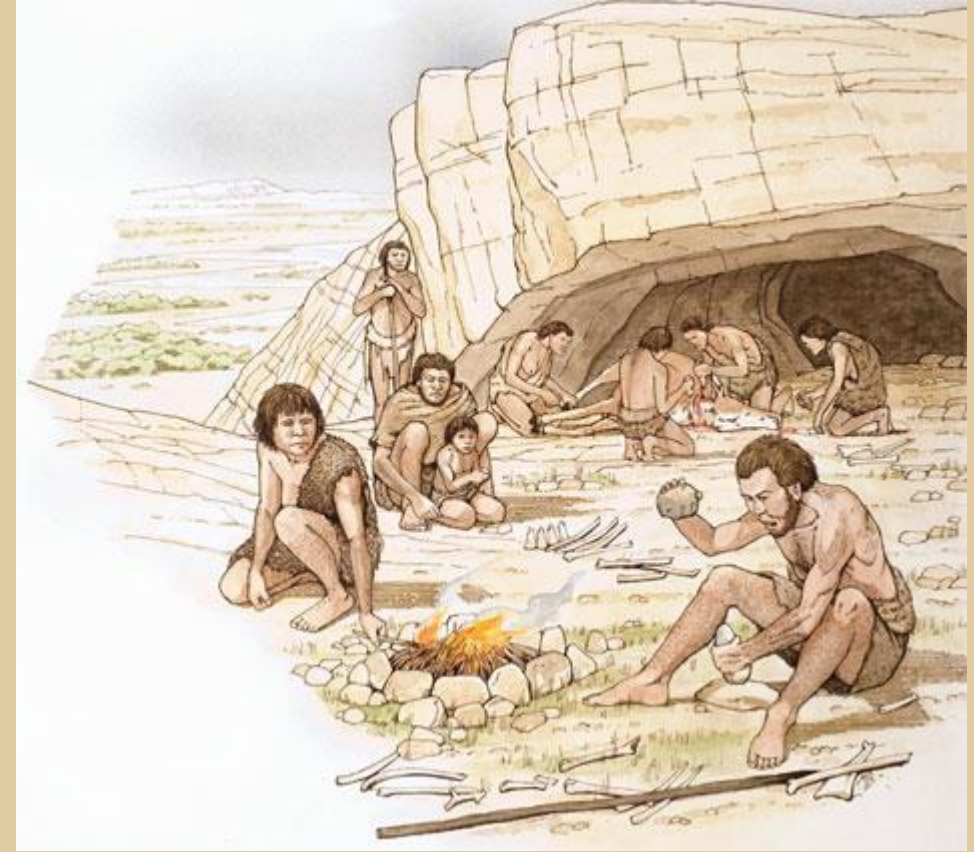
What did our ancestors eat?

Hamad Al-Sharhan

November 2nd 2014

What are hunter gatherers?

12,000 years ago, our ancestors had to do a lot in order to survive, they didn't have stores to buy food from, instead they had to hunt or gather. They were divided into many groups and had different tasks. Such as: Painting, cooking, make tools, gather and hunt. Today I will be talking about Hunter-Gatherers.



What did hunter gatherers do?

- They hunted large and small animals
- Fish
- Gather insects, fruits, vegetables, nuts, and seeds.



What's extinct now?

Many of the animals that were hunted back then, do not exist anymore! Such as:

- Mammoths
- hornless rhinos
- mastodons

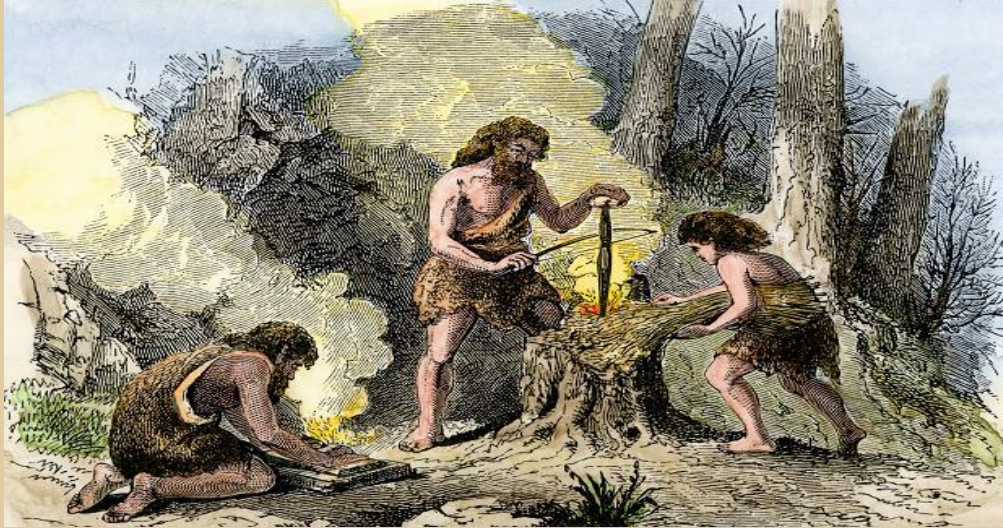


How did our ancestors store food?

Back then, food had to be eaten quickly because they did not have any refrigerators or ways to store it. That's why most hunting was during the morning.



How did our ancestors cook?



The way our ancestors used to cook food was by making a fire. The fire was usually in a small pit so that the wind doesn't blow it out.



What happened after the ice age?

After the ice age, lots of plants started to grow and our ancestors started adding greens to their diets. Such as: Wild carrots, water cress, and blackthorn.



Who are farmers?



In the Neolithic era, which is also called the new Stone Age; our ancestors started creating tools and began farming many things. This added much more variety to their diet, such as: cereal grains, wheat, cabbages and much more.

What is domestication?

Domestication is the process of changing plants or animals to make them more useful. Our ancestors used domestication to get milk from cows and also use cows, sheep, and goats for food or to help with farming.



Any questions?

